

# FN 101 Introduction to the Professions of Dietetics and Nutrition

## Spring 2024 Hybrid

Introduction to the fields of nutrition, dietetics, and food service administration. Educational requirements and role of the nutrition educator and dietitian in varied settings.  
(1 credit – pass/fail)

**Class Location & Dates:** Our course meets in-person on Mondays from 9:00-9:50 a.m. in CPS 229. Students will access recorded lectures on Canvas at their own convenience. Our course runs from 1/22-3/15 (8-weeks).

**Instructor:** Deborah Tang, MS, RD, CD

**Office:** CPS 224

**Phone:** 715-346-2749      **Email:** [dtang@uwsp.edu](mailto:dtang@uwsp.edu)

**Office Hours:** I have tentatively set aside Wednesdays from 2:00-3:00 p.m. and Thursdays from 1:00-2:00 p.m. as office hours. Email me in advance to set up a time to meet. If these days/times do not work for you, we can find a mutually convenient time instead.

**Expected Response Time:** I will attempt to respond to student emails within 12 hours between Mondays to Fridays, and within 24 hours on weekends. If you have not received a reply from me within 24 hours, please resend your email. I will attempt to grade written work within one week after the assignment due date.

**Rental Text:**

Canter, D.D., DeYoung-Daniels, R. *The Profession of Dietetics*, Jones and Bartlet Learning, LLC., 7<sup>th</sup> ED., 2022.

**Objectives:**

At the end of this course the student will be able to:

- Describe the professions of dietetics and nutrition.
- Identify the Academy of Nutrition & Dietetics Standards of Professional Practice for dietetics professionals and Code of Ethics for the profession of dietetics.
- Explain the pathway to becoming a Registered Dietitian.
- Develop an academic plan and extra-curricular plan to obtain a post-graduate career goal.
- Recognize how globalization will impact dietetics and require language skills and knowledge of cultural differences.

**Please note: This course does not meet the Wellness GEP. It is intended to highlight the educational path and career opportunities for students considering dietetics and nutrition as a major.**

## **2022 ACEND Accreditation Standards for Nutrition and Dietetics Didactic Programs (DPD)**

**KRDN 2.2** Describe the governance of nutrition and dietetics practice, such as the Scope of Practice for the Registered Dietitian Nutritionist and the code of Ethics for the Profession of Nutrition and Dietetics.

**KRDN 2.6** Demonstrate cultural humility, awareness of personal biases and an understanding of cultural differences as they contribute to diversity, equity, and inclusion.

**KRDN 2.8** Participate in a nutrition and dietetics professional organization and explain the significant role of the organization.

### **Competencies for Sustainable Food and Nutrition (SFN)**

#### **Food and Nutrition Policy**

5.5 Describe ways to collaborate with community members and other professionals to create communities and settings in which healthy food options are easy, affordable, and desired and unhealthy foods are less prominent and less desired.

#### **Written, Oral and Social Media Communication**

9.1 Communicate effectively in written, visual, and oral form, with individuals, the media, and other groups, in ways that are appropriate for diverse audiences.

#### **Learning Management System:**

This course uses Canvas, the Learning Management System (LMS) being adapted across the UW System. Canvas can be accessed via a launch portal at [www.uwsp.edu/canvas](http://www.uwsp.edu/canvas) using your campus login and password. Help in Canvas is available at the bottom of the launch portal, and through the “Help” menu within Canvas. A student orientation / training course is available for self-registration at <https://uws.instructure.com/enroll/FNRAL8>.

#### **Class Participation Via Canvas:**

All course material is accessible in Canvas. Students are expected to access course material in a timely manner and complete assignments by the posted due date. Be sure you have the [minimum computer and internet configurations for Canvas](#) and access to a stable internet connection (don't rely on cellular). If you have any questions about the capabilities of your technology contact [IT Service Desk](#) (715-346-4357; [techhelp@uwsp.edu](mailto:techhelp@uwsp.edu)).

**After completing Assignment 1 - Syllabus Quiz, the rest of the course will be accessible.** Stay connected with the course by turning on email/text notifications. Go to the Account tab at the far left, hit settings to enter your email and cell phone in “ways to contact” (top right corner) and then hit notifications to tell Canvas to alert you of due dates, announcements, grades posted, etc. Then, click Notifications on the far left, choose which course details you want to get reminders about and when you get the alerts.

#### **Assignments:**

All assignments are to be submitted electronically in Canvas. Assignments are due by 11:59 p.m. on Sundays. Please do not email assignments. I have included one late pass with a 2-day extension (Tuesday by 11:59 p.m.) for **one** assignment or quiz. You can only use the late pass **once** during the course. Blank assignment submissions will be considered late. To prevent this from happening, it is good practice to add your name to the file name of your completed assignments and save them, so

you can differentiate them from blank assignment worksheets. Please note that Turnitin plagiarism software will be used for all written assignment submissions; the use of AI can also be detected.

### **Late Work Policy:**

Be sure to pay close attention to deadlines – there will be no make-up assignments or quizzes. Without special permission from the instructor, late assignments will not receive full points. Late submissions will have a **10%** deduction and for each day it is submitted beyond the due date.

### **Academic Conduct:**

This course is part of the UW-Stevens Point academic community, an academic community that is bound together by the traditions and practice of scholarship. Honest intellectual work – on examinations and on written assignments - is essential to the success of this community of scholars. Using classmates' responses to answer exam questions or disguising words written by others as your own undermines the trust and respect on which our course depends. The work in this course is challenging and will demand a good deal from each of you. I have every confidence that each of you can succeed. Doing your own work will enhance your sense of accomplishment when the semester comes to a close.

For additional information, please refer to the statements on Academic Standards as outlined by the Office of Student Rights and Responsibilities. You can read the full text of Chapter 14 on "Student Academic Standards & Disciplinary Procedures" at <https://www.uwsp.edu/dos/Documents/UWSP14-Final2019.pdf>

### **Electronic Devices**

The use of cell phones will not be permitted during lectures. Research supports that having visual access to a cell phone diminishes our ability to learn. Checking social media, texts, emails, and messages is unprofessional and disrespectful to our class community. Please turn off your phone during class; I will do so as well. If you are expecting an important phone call or dealing with an emergency, please silence your phone and let the instructor know that you may have to receive a call outside the classroom. Laptops or iPads are permitted only for note taking activities related to course content, not for web browsing, studying, or completing assignments for other classes. Students will be asked to leave their electronics at the front of the classroom until the end of the class period if repeated misuse is observed.

### **Religious Beliefs Accommodation:**

It is UW System policy ( [UWS 22](#)) to reasonably accommodate your sincerely held religious beliefs with respect to all examinations and other academic requirements.

You will be permitted to make up an academic requirement by an alternative method, without any prejudicial effect, if:

- There is a scheduling conflict between your sincerely held religious beliefs and meeting the academic requirements; and
- You have notified your instructor within the first three weeks of the beginning of classes (first week of summer or interim courses) of the specific days or dates that you will request relief from an examination or academic requirement.
- Your instructor will accept the sincerity of your religious beliefs at face value and keep your request confidential.
- Your instructor will schedule a make-up exam or requirement before or after the regularly scheduled exam or requirement.

- You may file any complaints regarding compliance with this policy in the Equity and Affirmative Action Office.

### **Absences due to Military Service:**

As stated in the UWSP Catalog, you will not be penalized for missed participation due to unavoidable or legitimate required military obligations, or medical appointments at a VA facility, not to exceed two (2) weeks unless special permission is granted by the instructor. You are responsible for notifying faculty members of such circumstances as far in advance as possible and for providing documentation to the Office of the Dean of Students to verify the reason for the absence. The faculty member is responsible to provide reasonable accommodations or opportunities to make up exams or other course assignments that have an impact on the course grade. For absences due to being deployed for active duty, please refer to the Military Call-Up Instructions for Students.

### **Care Team:**

The University of Wisconsin-Stevens Point is committed to the safety and success of all students. The Office of the Dean of Students supports the campus community by reaching out and providing resources in areas where a student may be struggling or experiencing barriers to their success. Faculty and staff are asked to be proactive, supportive, and involved in facilitating the success of our students through early detection, reporting, and intervention. As your instructor, I may contact the Office of the Dean of Students if I sense you are in need of additional support which individually, I may not be able to provide. You may also share a concern if you or another member of our campus community needs support, is distressed, or exhibits concerning behavior that is interfering with the academic or personal success or the safety of others, by reporting [here](#).

### **Disability and Accommodations:**

Within the first 2 days of class, students requiring special accommodations and/or program access should arrange an appointment with UWSP Disability Resource Center (DRC) located in room 108, Collins Classroom Center (CCC). Website - <https://www.uwsp.edu/datc/Pages/default.aspx>. After the assessment, please email eligibility documentation to the instructor to request appropriate accommodations.

### **Class Points:**

Syllabus Quiz	6%
Career Prep – Early Reflection	15%
Job Search assignment	10%
Build your resume	15%
Alumni Interviews Reflection	20%
Diverse Voices in Dietetics Reflection	10%
Attendance and Participation	24%

**There is no final exam in this course.**

**This class is pass/fail. A student must accumulate 70% to pass.**

### **Viewing Grades in Canvas:**

Points you receive for graded activities will be posted to Canvas Grade Book. Click on the Grades link to view your points. I will update the online grades each time a grading session has been complete – typically within one week following the assignment due date. You will see a visual indication of new grades posted on your Canvas home page under the link to this course.

## **Understand When You May Drop This Course**

It is the student's responsibility to understand when they need to consider unenrolling from a course. Refer to the UWSP [Academic Calendar](#) for dates and deadlines for registration. After this period, a serious and compelling reason is required to drop from the course. Serious and compelling reasons includes: (1) documented and significant change in work hours, leaving student unable to complete assigned tasks, or (2) documented and severe physical/mental illness/injury to the student or student's family.

## **Incomplete Policy:**

Under emergency/special circumstances, students may petition for an incomplete grade. An incomplete will only be assigned if the student has maintained regular contact with the course instructor about his/her situation. All incomplete course assignments must be completed by the last day of classes of the following semester.

## **Student Recording and Sharing Class Lecture and Materials:**

Lecture materials and recordings for FN 101 are protected intellectual property at UW-Stevens Point. Students in this course may use the materials and recordings for their personal use related to participation in this class. Students may also take notes solely for their personal use. If a lecture is not already recorded, you are not authorized to record my lectures without my permission unless you are considered by the university to be a qualified student with a disability requiring accommodation.

[Regent Policy Document 4-1](#)

Students may not copy or share lecture materials and recordings outside of class, including posting on internet sites or selling to commercial entities. Students are also prohibited from providing or selling their personal notes to anyone else or being paid for taking notes by any person or commercial firm without the instructor's express written permission. Unauthorized use of these copyrighted lecture materials and recordings constitutes copyright infringement and may be addressed under the university's policies, UWS Chapters 14 and 17, governing student academic and non-academic misconduct.

## **Additional Campus Policies:**

### **FERPA**

The Family Educational Rights and Privacy Act (FERPA) provides students with a right to protect, review, and correct their student records. Staff of the university with a clear educational need to know may also have access to certain student records. Exceptions to the law include parental notification in cases of alcohol or drug use, and in case of a health or safety concern. FERPA also permits a school to disclose personally identifiable information from a student's education records, without consent, to another school in which the student seeks or intends to enroll.

## **Reporting Incidents of Bias/Hate**

It is my intent that students from all diverse backgrounds and perspectives be well-served by this course, that students' learning needs be addressed both in and out of class, and that the diversity that the students bring to this class be viewed as a resource, strength and benefit. It is my intent to present materials and activities that are respectful of diversity: gender identity, sexuality, disability, age, socioeconomic status, ethnicity, race, nationality, religion, and culture. Your suggestions are encouraged and appreciated. Please let me know ways to improve the effectiveness of the course for you personally, or for other students or student groups.

If you have experienced a bias incident (an act of conduct, speech, or expression to which a bias motive is evident as a contributing factor regardless of whether the act is criminal) at UWSP, you have the right to report it: <https://www.uwsp.edu/dos/Pages/Anonymous-Report.aspx>.

You may also contact the Office of the Dean of Students directly at dos@uwsp.edu. Diversity and College Access is available for resources and support of all students:

<https://www.uwsp.edu/dca/Pages/default.aspx>.

### **Clery Act**

The US Department of Education requires universities to disclose and publish campus crime statistics, security information, and fire safety information annually. Statistics for the three previous calendar years and policy statements are released on or before October 1st in our [Annual Security Report](#). Another requirement of the Clery Act is that the campus community must be given timely warnings of ongoing safety threats and immediate/emergency notifications. For more information about when and how these notices will be sent out, please see our [Jeanne Clery Act](#) page.

### **Other Guidance:**

Information on Coronavirus can be accessed here: <https://www3.uwsp.edu/coronavirus/Pages/default.aspx>

### **One Free Pass - No Questions Asked!**

This pass entitles a student to one late assignment or quiz submission up to 2 days late (until midnight on Tuesday). This pass can only be used **once** in FN 101.

**If you plan to use the pass, please indicate this in the comments box when you are uploading the assignment.**

## Tentative Schedule for FN 101 Hybrid – Spring 2024

**All assignments are due on Sundays by 11:59 p.m.**

Week	Class meeting	Topic	Text Chapters
1	1/22	Introduction SHSW Student Success Center <a href="http://www.uwsp.edu/student-success-center">Student Success Center - University of Wisconsin-Stevens Point (uwsp.edu)</a> Student Resources <a href="http://www.uwsp.edu/student-resources">Student Resources - University of Wisconsin-Stevens Point (uwsp.edu)</a> <b>Assignment 1 – Syllabus Quiz due 1/28</b>	1, 2
2	1/29	Academy of Nutrition and Dietetics (A.N.D.) <a href="http://www.eatright.org">www.eatright.org</a> Society for Nutrition Education and Behavior (SNEB) <a href="http://www.sneb.org/">www.sneb.org/</a> <b>Assignment 2 - Career Prep Early Reflection Activity due 2/4</b>	8 pp. 173-174
3	2/5	Education – nutrition and dietetics Dietetic internship and RD exam Commission on Dietetic Registration (CDR) Professional Development, continuing education Dietetics Practice Groups (DPG) <b>Assignment 3 - Job Search due 2/11</b>	3, 4, 6  5 Ch 8, pp.163-166
4	2/12	<b>Guest speaker</b> Landing Your First Job – Resume Basics Email Communication	p. 95, Ch 7
5	2/19	<b>Guest speaker</b> Perspectives of Alumni in Dietetics and Nutrition <b>Assignment 4 – Build Your Resume due by 2/25</b>	
6	2/26	<b>Guest speaker</b> Standards of Practice (SOP), Standards of Professional Performance (SOPP), Code of Ethics <b>Assignment 5 – Alumni Interviews Reflection due 3/3</b>	pp. 165-167 Appendix C
7	3/4	<b>Guest speaker</b> Future of nutrition and dietetics <b>Assignment 6 – Diverse Voices in Dietetics Reflection due 3/10</b>	9
8	3/11	<b>Guest speaker</b> Professionalism...here and now	
There is no final exam in this course.			